

# Ibikenewe ku muryango mu kwigira mu rugo

*ABABYEYI & ABAREZI: Mu gihe umugi wacu na Steti turimo kwitegura ingamba zo kurinda umutekano wa kominoti, twateguye ibisabwa kugirango abanyeshuli n'imiryango yabo babyifashishe mu kwiga no kwimenyereza ubumenyi bakoresheje ikoranabuhanga kimwe nuko abarimu basanzwe babyigisha mu mashuri. Nkuko bisanzwe rero, kurikirana amakuru ya SPS, dukurikire ku mbuga nkoranyambaga, mu binyamakuru no kuvoma iyamamaza rya SPS aho riri hose.*



## IMYUGA YO KWIGA ICYONGEREZA

**Ibibazo biyobora imyigire yo mu rugo:**

- Niki waba uzi ku majwi, inyuguti, n'amagambo? Ni gute dukoresha amajwi, inyuguti, n'amagambo mu rugo?
- Ni ubuhe bwoko bw'ibitabo usoma? Ushimishwa n'izihe ngingo z'ibygwa?
- Ukunda kwandika kubyerekeye iki? Haba hari inkuru utari warangiza kubara? Ese waba ufite ubunararibonye budasanzwe wumva wakwandikaho ibintu? Ni izihe ngingo z'ibygisho wifuza kwigaho?

**Hitamo uburyo bubili cyangwa bwinshi bwagufasha kwiga buli muni:**

- Imenyereze kwiga igisobanuro cy'amagambo ndetse hamwe nuko bayavuga ku rwego rwawe rw'ishuri
- Fasha umwana wawe kumenya igisobanuro cy'amagambo iyo ahuje prefix (mu ntangiriro) cyangwa suffix (ku musozo) byiyongereye ku gihimba cy'ijambo (gukora/gukorana; umuntu/urunturuntu) • Soma igitabo bita "just right", mukiganireho mukoresheje ibi bibazo bikurikira: - Umukinnyi mukuru ni nde? Wakwemerako muba incuti? Kubera iki?
  - Ikibazo nyamukuru ni ikihe? icyo kibazo cyakemutse gite?
  - Iki gitabo hari icyo kikwibutsa wabonye cyangwa wigeze gusoma mbere?
  - Ni iyihe ngingo y'ingenzi y'iki gitabo cyangwa inyangiriki? Ni izihe ngingo zisagasira ingingo nkuru? Kubera iki?
- Andika ubunararibonye waba ufite, ibyo umwana wawe akunda kwiga maze mwandike interuro zuzuye, kuvanga interuro, kuzishira mu bika, no kuzikorana ubuhanga bugaragaza ibyabaye, intekerezo ndetse n'ibisobanuro byimbitse.



## IMIBARE

**Abanyeshuli barimo kwiga imibareikurikira mu myaka ya 3-4-5:**

- Umwaka wa 3: Gukuba imibare iri hagati ya 100, ubuso na jeometri
- Umwaka wa 4: Guteranya no gukuramo, gukuba no kugabanya, jeometri no gupima
- Umwaka wa 5: Gukuba no kugabanya imigabane, imibare yuzuye, imibare y'ibice, iyo bita "graphing", gupima ingunguru, na jeometri

Ubundi bufasha bwisumbuye ukurikije umwaka bigamo, wasoma ikinyamakuru cy'umubyeyi (Kanda Ibice bya 4, 5 cyangwa 6):

- Umwaka wa 3 [Measurement and Fractions](#), [Multiplication, Division and Area](#) & [Geometry](#)
- Umwaka wa 4: [Addition and Subtraction](#) , [Geometry and Measurement](#) & [Multiplication, Division, Data and Fractions](#)
- Umwaka wa 5: [Multiplying, dividing whole numbers and decimals](#), [Multiplying and Dividing Fractions and Graphing](#), [Geometry and Volume](#)
- [Topics for all grade levels](#) harimo n'abiga mbere y'igihe

**Ubundi bufasha:**

- Math Learning Center nayo itanga ku buntu [free math apps](#) nabyo byabafasha mu kwiga

• [Vocabulary Practice](#)

- Abanyeshuli bashobora kwiwigisha imibare banyuze muli Clever bagakoresha MobyMax. Umwana wawe ashobora guhitamo kwiga Imibare muli rusange, cyangwa uko babara, byose ashobora kubibona muli MobyMax Math.



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## COVID-19 GUTEGANYA

## HAGATI

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### AMASOMO MBONEZAMUBANO

Imiryango irashishikarizwa kuganira no kwandika uko abantu babaho babikesha ahantu habakikije bakura (ibyho kurya, amazi, ibito, gazi, n'ibindi), uburyo abantu bamenyera aho batuye kugirango abone ibituma abaho, uko abaturage bahindura aho batuye neza cyangwa nabi (kubaka aha batura, gucukura imyobo, kubaka inkengero, n'ibindibuildi).



### SIYANSI

Abanyeshuli bashobora kwiwigisha siyansi ku giti cyabo bakulikije umuyoboro wa Clever hakoreshejwe Moby Max:

- Isomo lizatangira biga Siyansi y'Ibinyabuzima hanyama bakongera gusubiramo inyigisho bigishijwe uyu mwaka
- Imiryango irasabwa kureba no gufata amagambo ajyanye n'aho dutuye: gushushanya ikirere, igihe, ubwoko bw'inyamaswa ziboneka mu karere kacyi; ubu ni uburyo bwiza bwo gufasha abanyeshuli kumenya no kwimenyereza Siyansi.



### KUGORORA UMUBILI & UBUZIMA

Hari uburyo bwinshi bwo guhimba no kwimenyereza imikino ngororamubili no gusigasira ubuzima mu rugo— gerageza izi nkoranyambaga maze utangire urebe uko bigenda:

- [Wellness Ideas for Families](#)
- [Health at Home](#)
- [Fitness Calendars for Elementary](#)
- [Tools for an Active Home](#): uru rubuga ni urw' amasomo yakozwe n'abahagarariye amashuri rwitwa OPENPhysEd kandi rusaba gukora urufunguzo rwawe rw'ibanga maze ukinjiramo byihuse. Ibitekerezo birimo ibikorwa, ibikoresho byo kugorora ingingo, aho kubona za videwo, ibikorwa bihuza abanyeshuli bo mu myaka yose.
- Abanyeshuli bose bafise uburenganzira bwo kureba Video and Fitness Module kuli WELNET. Log binjiye muli Clever cyangwa [hano](#).



### MUSIC

Imenyereze/Kina/Umva indirimbo iminota 15-30 nibura kabili mu cyumweru. Umva indirimbo hamwe n'umuryango wawe, musangire injyana, subira mu byo mwatangiye kwiga mu gihembwe cya 2.



### IMYUGA

- Shushanya/siga irangi/rimwe cyangwa kabili mu cyumweru koresha ibintu by'ubugeni.

- Shishikarira **Amayeri yo gutekereza ureba** : kora ku buryo witegereza ibikoresho by'umwuga cyangwa ibyanditse ubona hano muli aya makuru akulikira: Umwaka wa 3: [VTS](#); Umwaka wa 4: [VTS](#); Umwaka wa 5: [VTS](#)



## INYIGISHO ZO KU NKORANYAMBAGA

Inyigisho dusanga ku mirongo nkoranyambaga biboneka k ubuntu wifashishije urufunguzo rwawe rw'umunyeshuli ukoresha winjira muli **Clever**:

- ThinkCentral (Journeys Online): umunyeshuli ashobora gusoma no kumva imigani, n'inyandiko zivuga ibintu bitabayeho
- Moby Max: umunyeshuli ashoboora kwiga ubumenyi bwa ELA akeneye mu kwiigisha we ubwe
- Typing.com: abanyeshuli bashobora kwiga kwandikisha orudinatori bu buryo bwza kandi bushimishije
- Starfall na PBS Kids: izo mbuga zombie ziriho imikino myiza, za videwo, n'indi mikino ya rusange ihuza ibikorwa bya benshi
  - iCivics: Abanyeshuli bashoora kwifashisha imikino mu kwimenyereza ikinyabupfura no kongera ubumenyi mu myigire yabo
- Pearson Realize: Abanyeshuli bashobora kwifashisha ibitabo biri ku mbuga nkoranyambaga maze bagasubiromu amasomo bize