

Meeting Minutes

Meeting:	Wellness Committee		
Date:	November 30, 2017	Time:	4:00-5:30 PM
Purpose:	Updates, Plan for 2017-18		
Topics:	Updates and Assigning Committee Work		
Present:	Doug Wordell (Nutrition Services) Linda Bushinski (Fitness TOSA) Raeann Ducar (WSU Extension) Greg Lang (Rockwood P.A.)	Paula Lutsey (Nutrition Services) Pam Tatosky (Purchasing) Megan Read (Parent)	
Absent:	Shasta Glotfelty (Fitness & Health) Heather Jordan (Madison Principal) Dempsey Ortega (NC DECA) Ponrat Pakpreo (Pediatrician) Janell Buchkoski (RD, Nutrition Educator) Stephanie Splater (Fitness & Health) Sarah Goodey (Fitness & Health)	Brett Hale (Rogers HS VP) Angel Fairbanks Laura Martin (Empire Health Foundation) Terry Perry (WSU Food Sense) Becky Doughty (Health Services Dir.) Nicole Golden (Jefferson Principal),	

ITEM NO.	DISCUSSIONS	ACTION BY	DATE REQUIRED
1.	<p>Welcome, Introductions, Review Agenda:</p> <ul style="list-style-type: none"> Member introductions: Introduced members in attendance. Members in attendance shared their "What is important to them" <p>Raeann ~ Culture around Nutrition and Fitness; Paula ~ New Menu; Doug ~ New Menu, Portion Control and Healthy for Life; Linda ~ Fitness and students taking responsibility for their choices; Pam ~ No processed foods; Greg ~ Educating Parents; Megan ~ Nurse in every school, being pro-active and no food as an incentive; Brenda ~ every student eat meals.</p>		
2.	<p>Wellness Committee Check List Overview</p> <ul style="list-style-type: none"> Wellness Policy Compliance Check list was handed out to all in attendance. There was some discussion regarding the items on the list. Linda Bushinski gave a Fitness Update: There are new State Standards which should be completed by January and out to teachers the end of January to mid-February. There needs to be consistent messages out to all Fitness Education teachers and more Professional Development offered to those. Parent involvement is needed and a small discussion regarding this issue. 		
3.	<p>Committee Work Plan/Goals:</p> <ul style="list-style-type: none"> Three areas were identified for the committee to focus this year: 	Sub Committees to meet by	

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	<ul style="list-style-type: none"> ○ Recess Before Lunch ○ Brain breaks ○ Snacks and incentives ● Members were identified for the committee work – If you were not in attendance and would like to work on one of the areas below, please contact Doug Wordell and he will connect you. <ul style="list-style-type: none"> ○ Recess Before Lunch – Raeann Ducar, Amy Dawley, Pam Tatosky ○ Brain breaks – Linda Bushinski, Greg Lang, Shasta Glotfelty, Stephanie Splater, Sarah Goodey ○ Snacks and incentives – Raeann Ducar, Megan Read, Paula Lutsey ● Work assignments (lead committee members) <ul style="list-style-type: none"> ○ Members were given the <u>Project Management Charter</u> worksheet and Committees to meet together prior to the next meeting to establish goals, measures and other important information. 	January 31, 2018	
4.	<p>Meeting Dates:</p> <ul style="list-style-type: none"> ● Meeting times will stay the same, 4:00-5:30. Meeting location may rotate to various schools. ● Site Visits will happen the 3rd week of January, look for future communication regarding dates, times and locations. Look for information in the near future regarding schools and times. ● Next meeting will be February 1, 2018 from 4:00 – 5:30 pm at Glover Middle School. 		