Meeting Minutes

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>DISCUSSIONS</th>
<th>ACTION BY</th>
<th>DATE REQUIRED</th>
</tr>
</thead>
</table>
| 1.      | Welcome, Introductions, Review Agenda:  
- Member introductions: Introduced members in attendance.  
- Members in attendance shared their “What is important to them” Raeann ~ Culture around Nutrition and Fitness; Paula ~ New Menu; Doug ~ New Menu, Portion Control and Healthy for Life; Linda ~ Fitness and students taking responsibility for their choices; Pam ~ No processed foods; Greg ~ Educating Parents; Megan ~ Nurse in every school, being pro-active and no food as an incentive; Brenda ~ every student eat meals. | | |
| 2.      | Wellness Committee Check List Overview  
- Wellness Policy Compliance Check list was handed out to all in attendance. There was some discussion regarding the items on the list.  
- Linda Bushinski gave a Fitness Update: There are new State Standards which should be completed by January and out to teachers the end of January to mid-February. There needs to be consistent messages out to all Fitness Education teachers and more Professional Development offered to those. Parent involvement is needed and a small discussion regarding this issue. | | |
| 3.      | Committee Work Plan/Goals:  
- Three areas were identified for the committee to focus this year: | Sub Committees to meet by | |
Health Advisory Committee (HAC) Meeting Minutes

- Recess Before Lunch
- Brain breaks
- Snacks and incentives

**Members were identified for the committee work – If you were not in attendance and would like to work on one of the areas below, please contact Doug Wordell and he will connect you.**

- Recess Before Lunch – Raeann Ducar, Amy Dawley, Pam Tatosky
- Brain breaks – Linda Bushinski, Greg Lang, Shasta Glotfelty, Stephanie Splater, Sarah Goodey
- Snacks and incentives – Raeann Ducar, Megan Read, Paula Lutsey

- **Work assignments (lead committee members)**
  - Members were given the [Project Management Charter](#) worksheet and Committees to meet together prior to the next meeting to establish goals, measures and other important information.

### Meeting Dates:

- Meeting times will stay the same, 4:00-5:30. Meeting location may rotate to various schools.
- Site Visits will happen the 3rd week of January, look for future communication regarding dates, times and locations. Look for information in the near future regarding schools and times.
- **Next meeting will be February 1, 2018 from 4:00 – 5:30 pm at Glover Middle School.**