

CCLR- Leibrecht

May 18th – 22nd

Monday, May 18th

1. Please watch Story of Stuff and the complete the handout. Please email the handout when completed.
2. [Story of Stuff Video](#)
3. After watching, please write a Shaw Paragraph answering the thought: How can I do better at helping the environment?

Tuesday, May 19th

1. Please look through [The Wellness Triangle PowerPoint](#)
2. Have a sheet of paper ready. Please only do through Physical Slides (slide 15)
3. FYH: 5/19
 - a. Go to [Kids Health](#)
 - b. Select the For Teens tab
 - c. Select Mind, Under Being your best self (last one)
 - d. Type in **Dealing with Difficult Emotions** after selecting the search (magnifying glass) box and select the **Dealing with Difficult Emotions** article.
4. Please read the article and using a separate sheet of paper and the correct CCLR headings, take notes as you read and then write a summary of the article.

Wednesday, May 20th

1. Continue the Wellness PP Slides 16-31

Thursday, May 21st

1. Complete the PP Slides 32-37
2. Email me the completed activity.
3. FYH: 5/21
 - a. Go to [Kids Health](#)
 - b. Select the For Teens tab
 - c. Select Mind, Under Being your best self (last one)
 - d. Type in **5 ideas to deal with Anxiety** after selecting the search (magnifying glass) box and select the **5 ideas to deal with Anxiety** article.
5. Please read the article and using a separate sheet of paper and the correct CCLR headings, take notes as you read and then write a summary of the article.

Friday, May 22nd

1. No School

*** Please do not forget to submit your work- or email them to me rhondal@spokaneschools.org!! ***

I look forward to visiting with you all on Thursdays!!! Check with your Teams schedule!!!