

LC Tigers Boys Basketball Information Checklist

- Making one of the LC Basketball Teams is a PRIVILEGE, *NOT A RIGHT!* Leave your ego at the door.
- LC Basketball Program Identity will be all about defense, teamwork, and effort.
- Registration: Go to FAMILY ID and get signed up for basketball. If you have questions, contact the Business Office ASAP.
- Open Gym: Various days 6:00-7:30pm. Once volleyball ends, open gym times will shift to after school.
- Weight Training: This is, and will be, a mandatory part of our program. *You need to be lifting!*
- Eligibility: Get ahead in all your classes. Grades will be a MAJOR factor in deciding who makes the teams.
- You must be cleared by the Business Office to tryout.
- Basketball practice starts November 15.
- Cut Policy (see below): Please read and share with your parents. If you have any questions, ask one of the coaches.
- Practice Schedule: Our practice schedule will go week to week. All teams will not practice together at the same time unless special conditions warrant this due to gym space availability.

Coaches:

- Coach Redmon (Varsity Head Coach) 509-951-3776 divinecorp@yahoo.com
- Coach Marshall (Varsity Assistant)
- Coach Wortley (Varsity Assistant)
- Coach Wambold (JV Head Coach)

LC Tigers Boys Basketball Program Cut Policy

Varsity / JV / Freshman / C-team

Our roster decisions will not always be based totally on the skill level of those trying out for the teams, but rather on many variables that affect the total overall chemistry of our program. We will determine our Varsity and JV rosters after two to three days of tryouts. Freshman rosters will be determined by the end of the first week of practice.

We will make roster decisions based on the following criteria:

- Skill levels: footwork, defense, rebounding, ball handling, and shooting
- Out of season training and skill development
- Coach-ability
- Attitude and mental toughness
- Consistent demonstration of work ethic and effort
- Athletic ability
- Game knowledge (IQ)
- Communication with coaches
- Grades
- Attendance

Taking advantage of playing opportunities during the spring, summer, and fall is not a requirement to make the rosters during the season. However, play during the off season is very important in developing individual and team skills as well as team chemistry. Boys not playing during the off season may find themselves behind as far as development of individual and team skills.

****The level you start at may not be the level you finish; effort and hard work pays off.****