



Lewis & Clark Boys
Basketball
2022-23

Lewis & Clark HS
521 W. 4th Ave.
Spokane, WA 99204

Principal: Ivan Corley
AD: Dave Hughes

Head Coach: Jase Wambold
Phone: 509-354-6232
jasew@spokaneschools.org

Var. Asst: Greg Marshall
Var. Asst: Tim Lamanna

JV Head: RJ Salib
JV Asst: Josiah Ray

9th Head: Isaiah Hernandez



November 2022

"Relentless Pursuit"



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>*Make sure you are signed up on Final Forms by 11/14/22</i>						
Tryout Week	14 Tryout 1 9th 2:45-5pm 10-12 5-7:30pm	15 Tryout 2 9th 2:45-5pm 10-12 5-7:30pm	16 Tryout 3 9th 2:45-5pm 10-12 5-7:30pm <i>*V/JV Teams Made</i>	17 Practice 5-7:30 *Frosh Tryout 4	18 Practice 5-7:30 *Frosh Tryout 5 <i>*Varsity Poster Photos—lunch</i>	19 Practice 11a-1:30p
20 Early Week	21 Practice 2:45-5 JV's 7-9pm	22 Parent Meeting 6:30pm Auditorium JV/9 2:45-4:30 Var 2:45-5	23 No School Practice 10a-12:30 JV's 4-6pm	24 Thanksgiving No Practice	25 No School Practice 3-5pm	26 Valley Jamboree -All 3 Levels -Varsity Run Through 9AM
27 Late Week	28 Practice 5-7:30	29 Post Falls @LCHS	30 Practice 5-7:30	1 Fitz Banquet @ NQ Casino Practice: -Varsity 3-5 -JV/9 5-7	2 Fitz Invitational @ LC Vs. Bothell, 5pm	3 Fitz Invitational @ LC Vs. Union, 11am

***Varsity Team Meetings/Film**

- 5-5:30pm during Early Practice weeks
- 4:30-5pm During Late Practice Weeks

3rd in State 2018

GO TIGERS!



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December 2022

"Relentless Pursuit"



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Fitz Banquet Practice: -Varsity 3-5 -JV/9 @ Mt. Spo	2 Fitz Invitational @LC Vs. Bothell, 5pm	3 Fitz Invitational @ LC Vs. Union, 11am
4 Early Week	5 Practice 2:45-5	6 LCHS @ Central Valley	7 Practice 2:45-5	8 Practice 2:45-5	9 Mt. Spokane @ LCHS	10 Practice 9-11
11 Late Week	12 Practice 5-7:30	13 LCHS @ Cheney	14 Wrestling Varsity—3-5 at SCC JV/9 2:45-4:15	15 Practice 5-7:30	16 Gonzaga Prep @ LCHS	17
18 Winter Break	19 No School Optional Practice/Lift 10-Noon	20 No School Optional Practice/Lift 10-Noon	21 No School Optional Practice/Lift 10-Noon	22 No School No Practice	23 No School No Practice	24 No Practice
25 Winter Break	26 No School Practice 3-5pm	27 No School Practice 9-11am <i>*2nd Harvest 11:30-1:30</i>	28 No School Practice 9-11am	29 No School LCHS @ Kennewick	30 No School Hanford @ LCHS	31 Practice 9-11

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January 2023

"Relentless Pursuit"



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Late Week	2 No School Practice 10-Noon	3 UHigh @ LCHS	4 Wrestling Varsity—Off Site JV/9 2:45-4:15	5 Practice 5-7:30	6 North Central @ LCHS	7 Practice 11-1:30
8 Early Week	9 Practice 2:45-5	10 LCHS @ Mead	11 Wrestling Varsity—Off Site JV/9 2:45-4:15	12 Practice 2:45-5	13 LCHS @ Ferris	14 Practice 11-1:30
15 Late Week	16 No School MLK Day Practice 10-Noon	17 LCHS @ Mt. Spokane	18 Practice 5-7:30	19 Wrestling Varsity—3:30-5:30 at SCC JV/9 2:45-4:15	20 Cheney @ LCHS	21 Wrestling Varsity Practice Off Site
22 Early Week	23 Practice 2:45-5	24 LCHS @ Gonzaga Prep	25 Practice 2:45-5	26 Practice 2:45-5	27 LCHS @ UHigh	28 Practice 11-1:30
29 Late Week	30 Practice 5-7:30	31 Rubber Chicken @ Arena				

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February 2023

"Relentless Pursuit"



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Late Week			1 JV/9th Games @ LCHS Varsity Practice	2 Practice 5-7:30	3 Ridgeline @ LCHS	4
5 Early Week	6 Practice 2:45-5	7 End Regular Season LCHS @ Centra Valley	8 Varsity Practice 2:45-5	9 Varsity Practice 2:45-5	10 Varsity Practice 2:45-5	11 District Playoffs
12 Late Week	13 Varsity Practice 5-7	14 District Playoffs	15 Varsity Practice 5-7	16 District Playoffs TBD	17 District Playoffs TBD	18 District Playoffs TBD
19 Early Week	20 No School Varsity Practice TBD	21 No School Varsity Practice TBD	22 Varsity Practice TBD	23 Varsity Practice TBD	24 WIAA Regional Tourney	25 WIAA Regional Tourney
26 Late Week	27 Varsity Practice TBD	28 Varsity Practice TBD	1 WIAA State Tourney	2 WIAA State Tourney	3 WIAA State Tourney	4 WIAA State Tourney

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