

NOV2021

LCHS WRESTLING

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

03

04

05

06

07

08

09

10

11

12

13

14

15

First Day of Practice

16

Practice

17

Practice

18

Practice

19

Practice

20

Practice (Optional)

21

22

Practice

23

Practice Hydration Tests

24

Practice

25

Thanksgiving
NO PRACTICE

26

Practice

27

Practice (Optional)

28

29

Practice

30

Practice

DEC2021

LCHS WRESTLING

SUN	MON	TUE	WED	THU	FRI	SAT
			01 F - Takedown Tournament @ Mead V & JV - Practice	02 Practice	03 Practice	04 Practice (Optional)
05	06 Practice	07 Practice	08 DUAL: @ North Central	09 Practice	10 Practice	11 V & JV - Wrestle-Rama Dual Tournament @ West Valley
12	13 Practice	14 Practice	15 DUAL: @ Cheney	16 Practice	17 Practice	18 Practice
19	20 Practice	21 Practice	22 DUAL: vs University (Home)	23 Practice	24 Practice	25 Christmas NO PRACTICE
26	27 Practice	28 Practice	29 Practice	30 V – Freeman Classic @ Freeman	31 NO PRACTICE	

JAN2022

LCHS WRESTLING

SUN

MON

TUE

WED

THU

FRI

SAT

01

New Years
NO PRACTICE

02

03

Practice

04

Practice

05

DUAL:
@ Central
Valley

06

Practice

07

Practice

08

V & JV -
Everett Classic @
Everett

09

10

Girls @ Newport
Practice

11

Practice

12

DUAL:
vs Mt. Spokane
(Home)

13

DUAL:
vs Gonzaga
Prep (Home)

14

V -
River City Duals
@ Post Falls

15

V -
River City Duals
@ Post Falls

16

17

Practice

18

JV - Invite @
Gonzaga Prep
V - Practice

19

DUAL:
@ Mead

20

Girls @ East
Valley
Practice

21

Practice

22

Tiger JV Duals
(@ LC)

23

24

Girls @ North
Central
Practice

25

Girls @ Newport
Practice

26

DUAL:
vs Ridgeline
(Home)

27

DUAL:
vs Ferris
(Senior Night)

28

Practice

29

Postseason -
Girls Districts @
Rogers
V & JV -
Practice

30

31

Practice

FEB2022

LCHS WRESTLING

SUN	MON	TUE	WED	THU	FRI	SAT
		01 Practice	02 Practice	03 JV Districts @ TBD V - Practice	04 Practice	05 Postseason – Sub-Regional @ TBD
06	07 Practice	08 Practice	09 Practice	10 Practice	11 Postseason – Regionals @ TBD	12 Postseason – Regionals @ TBD
13	14 Practice	15 Practice	16 Last Practice (Mandatory)	17 Travel	18 Postseason – WA State @ Tacoma Dome	19 Postseason – WA State @ Tacoma Dome
20	21	22	23	24	25	26
27	28					