

Some of the skills and habits we will focus on are:

- > Typing and general computer skills
- Strategies to energize or calm you when you experience anxiety and distractions
- Organizing and using your planner
- Working collaboratively
- Communicating with peers (your coworkers) and teachers and authority figures (your future boss)
- Planning for the future: what careers interest you?
- ➤ Time management and goal setting

INSTRUCTORS:

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Welcome to 6th Grade Career Exploratory! We are excited to be your teachers and looking forward to getting to know you.

Course Overview:

Purpose: Sixth grade is an exciting time of change, which is our theme for the year. You will learn skills and habits that will make you confident and successful in middle school, high school and in your future career.