

**Course Name:** Social Skills

**Duration:**  1 Semester  Full Year

**Grade Level:**  9th  10th  11th  12th (check all that apply)

**Are there any prerequisites for the course?**

This course requires an IEP and Case Manager approval.

**WHAT this course is about:**

This course is designed to provide strategies and support to help you in your effort be successful student at LC.

**WHY take this course:**

Sometimes it is a struggle to keep up with the demands of high school. This course will provide you with the tools, support, and time needed to work towards your potential in each class.

**WHAT you'll learn:**

- Social Norms
- Calming Strategies
- acceptable behavior
- self-regulation strategies
- How to self-advocate (communicate with teachers in person and through email, ask questions, ask for help, etc.)
- How to have appropriate relationships

**WHAT you'll do:**

You will learn strategies and techniques to manage behaviors, learn calming and self-regulation strategies and basic social skills. This course will use teacher made curriculum, hands on activities, games and videos to support in learning these key social skills.

**WHERE this could take you:**

Whether you are interested in a transition program, workforce, trade school, or college after high school, the skills you develop in this course will help prepare you for life

**OPTIONAL Course Outline (“scope and sequence”, sequence chart, etc.)**

Click or tap here to enter text.