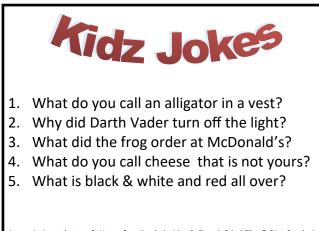


#### December 7, 2020

Dec. 7th	2nd Grade "B" group	
Dec. 8th	2nd Grade "A" Group	
Dec. 9th	2nd Grade "B" Group	
Dec. 10th	2nd Grade "A" Group	
Dec. 11th	2nd Grade "B" Group	
Dec. 14th	All 2nd Graders	
Dec. 21st -	Winter Break	
Jan. 4th	Back to School	



Please remember, everyone coming to Stevens <u>must</u> complete a <u>Health Check</u> prior to entering the building.



 An investigator 2. He prefers the dark side 3. French Fried Flies & Diet Croak 4. Nacho Cheese 5. An embarrassed zebra

# Cold Weather Clothing

Can you feel the chill in the air? Parents, winter is here and the temperature in the morning is getting colder and colder. Please make sure your child is appropriately dressed for the weather. We strongly encourage students to wear jackets, gloves, and warm pants as our weather gets colder. We strongly discourage students from wearing shorts, skirts, and short sleeved shirts during the cold weather months. Please help our students stay warm during this fall and winter.

If your student is in need of a coat, please let the front office know.



Attendance Line 354-4242

Please call when your child will not be attending

#### 5 Day Meal Pick-up

Monday 11:50-12:50 Tuesday 5:00-6:00 Wednesday 11:50-12:50 w/2nd Harvest & Bite 2 Go

Spokane Public Schools complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability, sexual orientation including gender expression or gender identity, or honorably discharged veteran or military status. This holds true for all students who are interested in participating in educational

# **Caring Corner**



This month your children will focus on the trait of gratitude. Gratitude is choosing to notice and appreciate things in our life, things in others, and things in the world. Your student will be learning that Gratitude is a choice we make over and over. We can be grateful for good times but also for the lessons we learn from our struggles. Gratitude takes practice! You can practice at home by asking everyone to share something they are grateful for daily.

Parenting can be hard and days can be long. Sometimes all you can do is....CELEBRATE! Why CELE-BRATE? Because looking for things around you that are going right is powerful. Try to find something small to celebrate each day. Did your child wake up on time? Is the sky beautiful? Do you feel remembered when someone said hello? Research indicates that when we take time to see positives around us that our stress reduces and our attitudes improve. Try it out. You will find that it helps both you and your family feel more positive. It's contagious too.



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# Welcome to the Counselor's Corner

## HAPPY DECEMBER TO ALL OF OUR AMAZING STEVENS FAMILIES!

The December character trait is GRATITUDE. Encouraging your children to embrace an "attitude of gratitude" is so valuable to their current and future happiness and mental health. I recommend that during winter break, you sit down with your children and discuss what gratitude means to each of them. And, then, you can draw or write a thank you note to someone in your lives: a parent, a sibling, a friend, the mailperson, a doctor, a nurse, a neighbor, the sanitation engineers who pick up your trash or recycling! I just love quotes so each month, I will be sharing a quote with you on the character trait.

## "Piglet noticed that even though he had a Very Small Heart, it could hold a rather large amount of Gratitude." from Winnie-the-Pooh (A.A. Milne)



Our wonderful counselor, Mrs. Magee, organized the 5<sup>th</sup> grade students/families on December 1<sup>st</sup> and 3<sup>rd</sup> to receive free Eastern Washington University hoody sweatshirts! 2 Eastern employees were here to set up a photo booth and brought stickers, pencils, and arm



bands for each student! The students were able to have their picture taken with their new sweatshirt! Thank you so much, Mrs. Magee!

#### **Keep From Flipping Your Lid**

If you are feeling the stress of everything related to COVID-19, if you are tired of emotions spiraling out of control, or if you anticipate heightened tension

during the holidays, this webinar is for you. The counselors, Mrs. Magee and Ms. Rizz, are inviting all parents/guardians to attend a <u>free</u> parent webinar on Wednesday, December 9<sup>th</sup> at 12:00 & 6:00. By the end of this 30-minute webinar, you will understand how the brain works when emotions get out of control, triggers to those emotional events, and the best times and ways to help your child learn skills to control their emotions. We will be sharing with you the information that we teach your child dren in our class lessons about the brain and self-regulation. We will talk about the strategies that we model and practice in the school environment. You will also be able to apply this to yourselves because we all need help with self-regulation. By the end of this presentation, you will be prepared to create your own calming center in your household. During the webinar, please feel free to type any question in the chat box as we will be constantly monitoring it so we can answer your questions or share your comments as we go. The meeting will be held in Teams. A link will be sent for participation. There will be live discussion with a panel of Counselors from Stevens, Longfellow and Cooper

## Please register by clicking HERE

Ms. Rizz, Title 1 Counselor

	November		
	Student of the Month		
	Kinder	First	
	Aurora	Ma'Kayla	
	Aurelia	Verity	
	Second	Emiliia	
	Zachariah	Talaiya	
	Nathan	Sophia	
W	Oliviana	Lillianna	
	Third	Fourth	
	Hsaloeeh	Nevaeh	
	Khloe	Malachi	
	Ryan	Avianna	
	Gunnar	Autumn	
	Skye	Sixth	
	Fifth	Jayce	
	Finn	Harmony	
	Hailey	Angel	
	Monita	Mazin	
		Hailey	



#### Spokane Public Schoo

Spokane Public Schools

Microsoft (Guest)

Click the drop down next to Spokane Public Schools at the top of the window. If a student accepted an invitation to join, external Teams will be listed. Only Spokane Public Schools is a safe, managed Teams network.

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SPS takes student safety seriously. We encourage and appreciated family vigilance and participation in staying connected to student learning with digital tools.

For more tips on keeping students safe in Microsoft Teams:

- Distance learning with Microsoft 365: Guidance for parents and guardians
- How to Leave a non-district Guest Team
- Net aware: Staying Safe with Microsoft Teams



#### Marine Corps Toys for Tots, Spokane, Washington 2020 Information 509-990-8454

Toys for Tots Coordinator: SSgt Winston Barnett

Go to the https://spokane-wa.toysfortots.org/ and click "Apply for Toys" Link

Requests: Start October 26, 2020 and will be available until December 14, 2020

Distribution Dates: December 2, 2020— December 21,2020 (Monday-Friday 9-4:30; Saturday 9-3.

Access Toys for Tots of Spokane Facebook page by searching "@Toys-For-Tots-of-Spokane" A lot of information will be on this page!

Important!!! Check your SPAM FOLDER if you haven't received the email with your order number!